

For Questions Regarding Food Service, Please call: 437-3287 or email at ldonihue@hillsdaleschools.org
Lunch Price \$2.25. Reduced lunch price for students with special needs.

GIER PRE-K AND K

FEBRUARY 2012

In February we are highlighting brown rice! Brown rice is a whole grain and contains more fiber than white rice. Brown rice also has important nutrient such as

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30-Jan BAKED CHICKEN NUGGETS WITH A DINNER ROLL GREEN BEANS PEACHY FRUIT SALAD	31-Jan CREAMY HOMEMADE MACARONI AND CHEESE BROCCOLI BITS MANDARIN ORANGES	1-Feb DELUXE NACHOS WITH MEAT AND CHEESE ROMAINE & TOMATO SALAD REFRIED BEANS	2-Feb TURKEY & GRAVY WITH A WH. GR. ROLL MASHED POTATOES APPLE CRISP	3-Feb SCHOOL PIZZA FRESH CARROTS & DIP FRESH BANANA
6-Feb HOT DOG ON A BUN ORANGE RICE PUDDING BAKED BEANS PINEAPPLE TIDBITS	7-Feb CHICKEN RINGS WH. GR. DINNER ROLL VEGGIE RICE CASSEROLE STRAWBERRY APPLESAUCE	8-Feb SPAGHETTI & MEATSAUCE AND A GARLIC BREADSTICK ROMAINE & TOM. SALAD FRESH FRUIT	9-Feb MINI CORN DOGS GLAZED CARROTS DICED PEACHES	10-Feb SCHOOL PIZZA FRESH BROCCOLI & DIP CINNAMON BAKED APPLES
13-Feb SCRAMBLED EGGS PETITE CINNAMON ROLL PINEAPPLE TIDBITS FRESH FRUIT	14-Feb HAPPY VALENTINE'S DAY! CHICKEN PATTY SANDWICH ON A BUN CORN & BL BEAN SALAD ROMAINE SALAD CHERRY FRUIT JUICE BAR	15-Feb TOASTED CHEESE SANDWICH CRUNCHY CARROTS FRESH FRUIT	16-Feb CHEESEBURGER ON A WH. GR. BUN BROCCOLI SALAD MANDARIN ORANGES	17-Feb SCHOOL PIZZA GREEN PEAS DICED PEARS
20-Feb PRESIDENT'S DAY NO SCHOOL TODAY	21-Feb PIZZA DIPPERS WITH DIPPING SAUCE CUBAN BL. BEAN & RICE GREEN BEANS PUMPKIN CRISP	22-Feb WASHINGTON'S B-DAY TREAT SLOPPY JOE ON A BUN SEASONED CORN APPLESAUCE	23-Feb BAKED RAVIOLI WITH A WH. GR. ROLL SEASONED BROCCOLI FRESH FRUIT	24-Feb SCHOOL PIZZA SWEET POTATO PUFFS CINNAMON BAKED APPLES
27-Feb HOT DOG ON A BUN VEGGIE PASTA SALAD BAKED BEANS CRUNCHY CARROTS	28-Feb POPCORN CHICKEN AND WH. GR. DINNER ROLL ROMAINE SALAD BROCCOLI RICE CASSEROLE	29-Feb HAPPY LEAP DAY! GREEN EGGS AND HAM FRENCH TOAST STICKS CARROT STICKS FRUIT JUICE	1-Mar K-8 CONFERENCES NO SCHOOL TODAY	2-Mar NO SCHOOL TODAY HAPPY BIRTHDAY DR. SEUSS



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